



Q'S TAEKWONDO AND FITNESS

BALTIMORE COUNTY, MD

www.qtkdandfitness.com

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 Cockeysville, MD 21030
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MASTER CLASS SCHEDULE

| MONDAY (Forms) | TUESDAY | WEDNESDAY (Sparring) | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|--|---|
| 3:20pm – 3:50pm Virtual Zoom Class Cubs Only (4-6yo) | | 3:20pm – 3:50pm Virtual Zoom Class Cubs Only (4-6yo) | 3:20pm – 3:50pm Virtual Zoom Class Cubs Only (4-6yo) | | |
| 4pm – 4:40pm Virtual Zoom Class Age 6 and up | 4:20pm – 4:50pm Tiny Tigers/Junior Tigers | 4pm – 4:40pm Virtual Zoom Class Age 6 and up | 4pm – 4:40pm Virtual Zoom Class Age 6 and up | 4:20pm – 4:50pm Tiny Tigers/Junior Tigers | 9am – 9:30am Little Cubs |
| 5pm – 5:50pm White/Half Belts (6-12yo) | 5pm – 5:30pm Little Cubs | 5pm – 5:50pm White/Half Belts (6-12yo) | 5pm – 5:30pm Little Cubs | 5pm – 5:50pm White/Half Belts (6-12yo) | 9:40am – 10:10am Tiny Tigers/Junior Tigers |
| 6pm – 6:50pm Color Belts (6-12yo) | 5:40pm – 6:30pm White/Half Belts (1 Week Free Trial) (6-12yo) | 6pm – 6:50pm Color Belts (6-12yo) | 5:40pm – 6:30pm White/Half Belts (1 Week Free Trial) (6-12yo) | 6pm – 6:50pm Color Belts (6-12yo) | 10:20am – 11:10am All Belts (6-12yo) |
| 7pm – 7:50pm All Belts Ages 13 &Up | 6:40pm – 7:30pm Color Belts (6-12yo) | 7pm – 7:50pm All Belts Ages 13 &Up | 6:40pm – 7:30pm Color Belts (6-12yo) | 7pm – 7:50pm All Belts Ages 13 &Up | |