



Q'S TAEKWONDO AND FITNESS
BALTIMORE COUNTY, MD

www.qtkdandfitness.com

Cranbrook Shopping Center
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WHITE/HALF BELT CLASS SCHEDULE (6-12yo)

MONDAY (Forms)	TUESDAY (1 Week Free Trial)	WEDNESDAY (Sparring)	THURSDAY (1 Week Free Trial)	FRIDAY	SATURDAY
5pm – 5:50pm	5:40pm – 6:30pm	5pm – 5:50pm	5:40pm – 6:30pm	5pm – 5:50pm	10:20am – 11:10am (All Belts)